



# Purpose with Passion

---

**INTRODUCTION**



Teany Hidalgo

[PurposeDrivenRevolution.com](http://PurposeDrivenRevolution.com)

## Tony Robbins

Passion is the genesis of genius.

---



## Tony Hsieh

Stop chasing the money and start chasing the passion.

---



## Robert Thurman

Ask not what the world needs. Ask what makes you come alive... then go do it. Because why the world needs is people who have come alive.



## Simon Sinek

Working hard for something we **don't care about** is called **stress**.

Working hard for something we **love** is called passion.

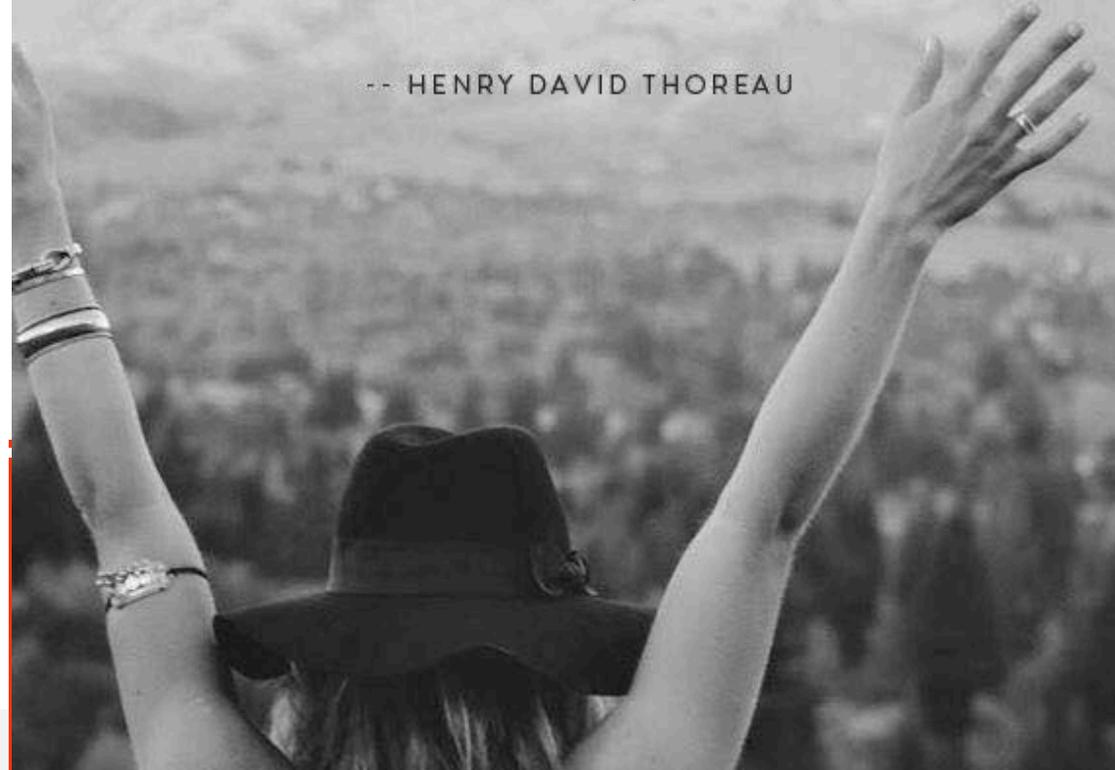
---

## Course mission

The mission is to help those feeling aimless and lifeless to connect the dots in their life to discover their unique gifts and find **purpose with passion** so they can feel alive again!

WHAT LIES BEFORE US AND WHAT LIES  
BEHIND US ARE SMALL MATTERS  
COMPARED TO WHAT LIES WITHIN US.  
AND WHEN YOU BRING WHAT IS WITHIN  
OUT INTO THE WORLD, MIRACLES HAPPEN.

-- HENRY DAVID THOREAU





## **The Key Reality**

Your life is a series of fortunate events, nothing has happened by accident, and everything has and is leading you to the realization of something BIG about you and your life.

Everything is helping you to be the next best version of YOU in your evolution.

Your job is to connect the dots.



## The myth. The truth. The process

Discovering your passion is like falling in love and something you have to find that is only that 1 thing.

Your true purpose is JOY! Purpose may be found quickly but likely is found over time by connecting the dots in your life via your passions. Those are developed with patience and curiosity about your own desires.

It can start as a barely undetectable interest and turn into something. It takes encouragement and exposure and doesn't necessarily require a talent or skill at first but a DESIRE to learn more, and PRACTICE PRACTICE PRACTICE.

Fair warning that it may not always be enjoyable all the time as you advance. Bumps in the road are inevitable, yet help you grow and are definitely worth while.

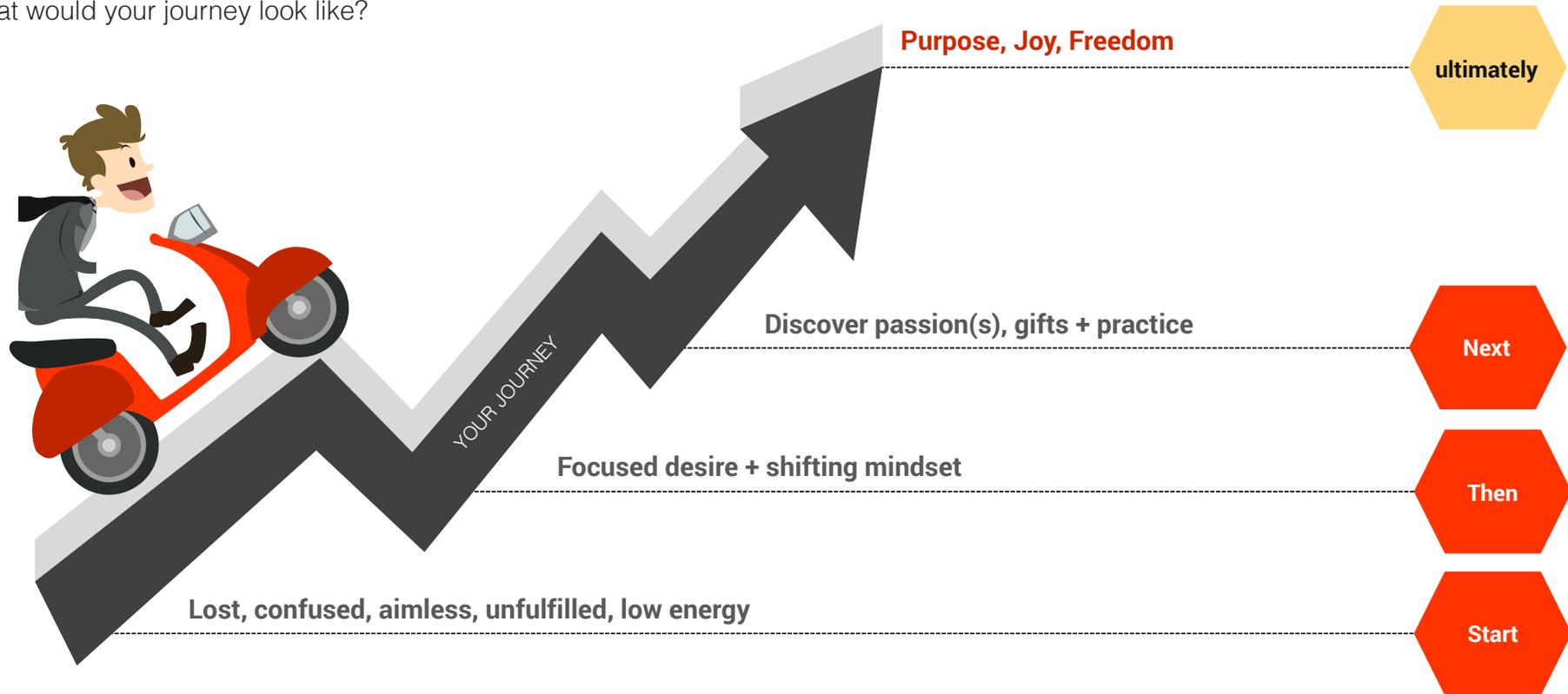
Ultimately your passions will EVOLVE and turn into purpose - bringing meaning to your life. Purpose will amplify passion in a beautiful cycle!

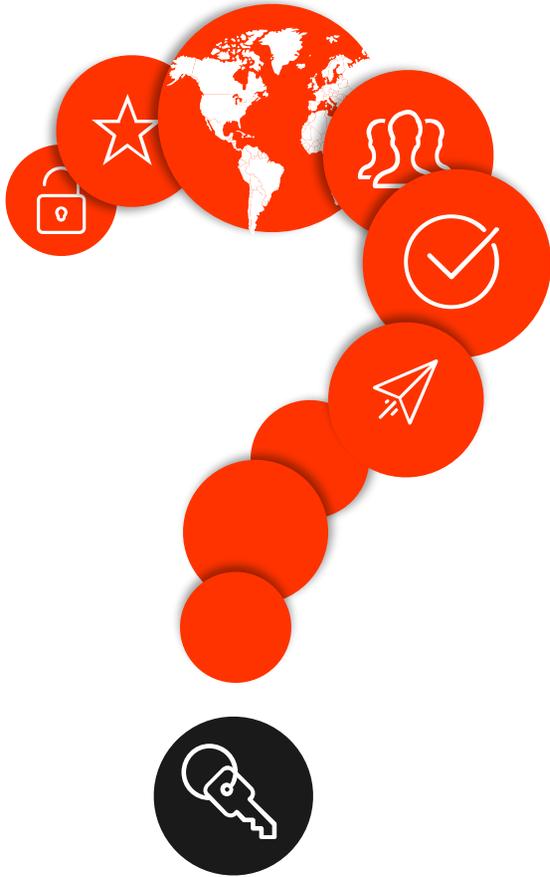
# What if

“The basis of life is freedom; the purpose of your life is joy.”

Abraham Hicks

What would your journey look like?





# Why Now?

It's never been a better time to connect the dots to your purpose.

## Live longer, better

Dan Buettner wrote in his book 'The Blue Zones' that the longest living humans in these zones have a sense of purpose in their lives.

## Bring meaning

3 major pivot points taught me that connecting to my purpose with passion and working the heck out of it makes life meaningful and worth it.

## The world needs you

It's time to lighten up the craziness on the planet with your gifts!

Ultimately, you deserve to live your most authentic and passionate life and 'the world needs more people who have come alive'.  
(Robert Thurman)



## Why can I help?

3 MAJOR pivot points in my life in 1998, 2008, and 2012 helped me realize that the dots that seem so hard in the moment end up being the biggest teachers, movers and shakers in your life if you can shift your mindset around them and take action!



### Practice

A life purpose coach with training in Robbins/Madanes Strategic Intervention, working with women, and purpose coaching. 9 years of intuitive wellness training.



### Experience

18 years in corporate america hiring, training and leading teams in a blue chip company. Then starting my own company in coaching and wellness, several video series, and online groups.



### Drive

My heart mission and purpose is to help you align to your purpose in order to own your power and come alive!

# The Purpose with Passion Program

Fasten your seatbelt for a journey discover your purpose.



## Module 1

Divorce your history with **mindset shifts and pattern breaking** coaching



## Module 2

Discover your true **passion with purpose** by understanding your deep motivation and innate assets



## Module 3

Create your own **Personal Passion Brand** to market yourself and become a unique and unstoppable force in the world



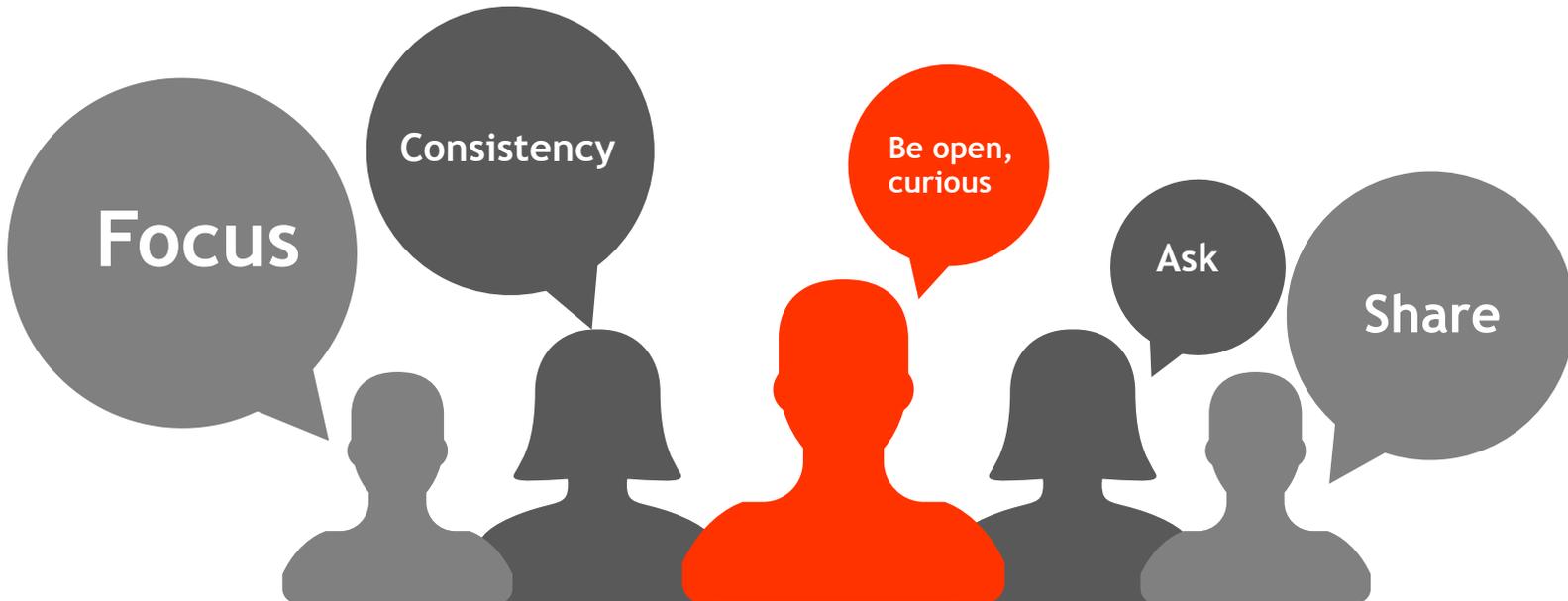
## Module 4

Evolve to know how to **overcome future challenges** and reach peak performance and happiness

10 weeks. **Videos and bonuses.** Fun sheets. **Office hours.**

# Your preparation

Some key things to practice along the way. Remember, Everyone starts off NOT knowing where they are – its human. You get better and better.



## Focus and consistency

This is vital as you go through the program. Rome wasn't built in a day...

## Be open and curious

You may uncover things about yourself you forgot or never knew. Consider the possibilities.

## Ask questions

Don't be afraid to ask and go deeply into yourself and what drives you.

## Share

Join the online community, and create your own tribe as well to share your journey. Also the best way to learn is to teach.

# Let's get started

Vamos!



## Grab a journal

Get a journal to help you process your thoughts and keep you on track (paper, electronic, or both).  
Recommend: The 5 Second Journal from Mel Robbins



## Find your ideal state

Book the ideal day/time time in your calendar consistently - weekly - for each module, find a quiet space, and get started!



# Contact Us



[info@teanyhidalgo.com](mailto:info@teanyhidalgo.com)



+202-630-SANE



TeanyHidalgo



Teany Hidalgo - Sanese Wellness